



MICRO GREENS

Hyper local, freshly harvested, and grown with intention. Our micro greens deliver outstanding quality while supporting food access to marginalized communities.



Arugula

25g | \$3.75



Buckwheat

25g | \$3.25



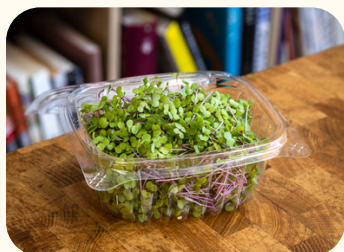
Snap Peas

25g | \$2.75



Red Cabbage

25g | \$2.75



Red Kale

25g | \$3.25



Beet

25g | \$4.25



Nasturtium

25g | \$6.25



Red Mustard

25g | \$4.25



Radish

25g | \$2.75



Cilantro

25g | \$4.75

Harvested fresh and delivered weekly. Order by Wednesday at 5pm for Thursday delivery (1:30–3pm). Each order includes a \$5 Farmer Gas Fund.
Please allow up to 10 days wait for new orders.

Orders can be sent to Brock@upwardkitchens.com